



ASCLS
The American Society for
Clinical Laboratory Science
MAINE

Quarterly Newsletter

Jan-March 2026



Message from the President

As the president of the ASCLS Maine chapter, I want to let you know that I am grateful for you, the members of our constituent society. As the board of directors and I re-energize this chapter, we want to make sure that we are communicating what is happening with you. We will be putting out these quarterly newsletters to share with you the going-ons of our constituent society (as well as at the national level).

We have put our focus on getting active and education. We hope you saw our table at the Northeast Lab Conference this past October and will visit us again at the Northeast Lab Conference this year. We will be hosting quarterly webinars, providing 1 P.A.C.E. contact hour each, free for members this year, the first of which you can see on the pages that follow this message. I hope that you'll join us for these learning sessions on zoom. These are in addition to the free webinars that ASCLS national hosts almost every month.

Outside of these quarterly newsletters, please follow us on LinkedIn and check out our new and improved website for the latest happenings and messages. If you have any thoughts, comments, or suggestions, please don't hesitate to reach out to let me know. I look forward to serving as your president for the remainder of the 25-26 year.



Meet the Current Board Members of ASCLS Maine

From left to right Leigh Belair (Director), Malissa Norfolk (President), Ashlyn Sorel (Developing Professional), Sarah Aguirre-Mutter (Secretary), Shannon Fillebrown (Ascending Professional), Nicole Colby (Director), Lindsay Webber (President-elect), and Adriano Ciccomancini (Treasurer)



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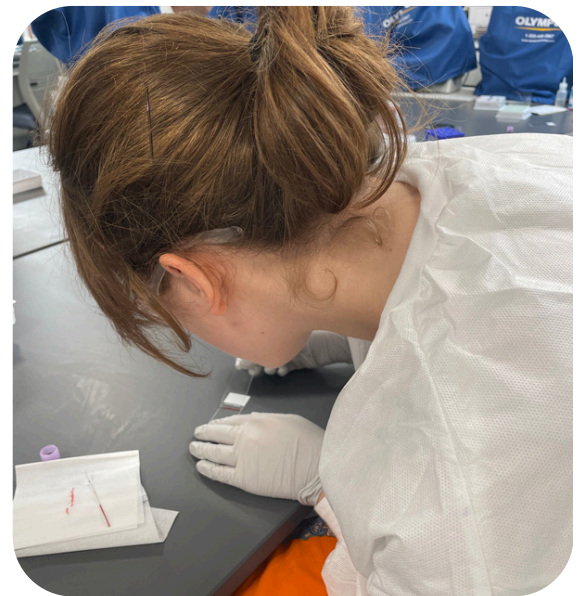
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Sparking Interest in Lab Careers

This past summer (2025) the Augusta campus of the MLT Program of Maine hosted the Laboratory Sciences Summer Immersion Program (LSSIP). LSSIP is a free week-long summer camp for high school students who might be interested in laboratory careers.

The students were able to experience the different areas of the clinical laboratory and perform both manual and automated laboratory testing. The students were also able to spend a day at MaineGeneral to visit a real clinical laboratory as well as get to talk to a variety of laboratory professionals about their careers.



LSSIP 2026 Info

The LSSIP will be happening July 13-17, 2026 at the Augusta campus. If anyone would like more information, please reach out to Malissa Norfolk malissa.norfolk@maine.edu



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QUARTERLY WEBINAR

Guest Speaker Kyle Riding PhD MLS (ASCP)

Passionate LABvocate and Educator. He is currently the proud president of the American Society for Clinical Laboratory Science (ASCLS)

Important Webinar Details



When

March 3, 2026 at 12pm
EST



Where

Hosted via Zoom, the link will be emailed to you once you register.



Why

One P.A.C.E.[®] contact-hour will be provided for this session.

Register now

Session Information

Title: GLP-1 Receptor Agonists and the Clinical Laboratory

Description:

GLP-1 Receptor Agonists (RA) like semaglutide have become ubiquitous due to the positive health outcomes associated with their use. This session will discuss the history GLP-1 RA's, their physiological role, associated health outcomes, and impact on clinical laboratory services. There will also be a discussion about current research and future indications for use of these drugs.

Learning Objectives:

- Describe the physiological role of Glucagon-Like Peptide 1 (GLP-1) and GLP-1 Receptors
- Relate GLP-1 Receptor Agonists (GLP-1RA) activity to improved outcomes in patients with T2DM and Obesity
- Discuss the impact of GLP-1 receptor agonists to clinical laboratory services

Instruction Level: Intermediate



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Upcoming Events

- ASCLS-ME First Quarterly Webinar: “GLP-1 Receptor Agonists and the Clinical Laboratory” presented by Kyle Riding on March 3, 2026 at 12pm EST
- Northeast Laboratory Conference 2026 is on October 6th and 7th save the date!

Next Election Cycle

The upcoming election cycle begins soon, so it's time to start thinking about nominations! If you're interested in running reach out to us!

Want More Lab News?

Follow us on [LinkedIn](#) and check out the [ASCLS-ME website](#) or the [National ASCLS website](#) for more exciting updates, news, and events within the community

National Updates

- The 2026 Joint Annual Meeting (JAM) of the American Society for Clinical Laboratory Science (ASCLS), Association for Genetic Technologists (AGT), and Society of American Federal Medical Laboratory Scientists (SAFMLS) will be held June 28 through July 2 in St. Louis, MO. Can be attended in-person or virtually.
- April 19-25, 2026 is Medical Laboratory Professionals Week (MLPW). Many fun activities like the [Lab Week Run](#) are held to acknowledge the hard work done by laboratory professionals.

Have An Idea for Our Next Newsletter?

We welcome topic and article suggestions. Send us your thoughts about what you want to see in future newsletters!

Newsletter Editor - Ashlyn Sorel
Contact us at ASCLSMaine@gmail.com